

Hallenzeiten Sporthalle Feldstraße									
ab	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	ab	
06:30			Triathlon Athletiktraining					06:30	
07:00								07:00	
07:30								07:30	
08:00								08:00	
08:30						Triathlon Kraft/ Koordination (01.04.-30.09.)		08:30	
09:00								09:00	
09:30	Eltern-Kind- Turnen							09:30	
10:00								10:00	
10:30						Tanzen		10:30	
11:00								11:00	
11:30								11:30	
12:00								12:00	
12:30								12:30	
13:00								13:00	
13:30								13:30	
14:00								14:00	
14:30								14:30	
15:00		Eltern-Kind (1- 4 J.)	Handball-Minis	Lauf-/ Fangspiele (5 - 12 J.)				15:00	
15:15									
15:30					Basketball U 10			15:30	
16:00		Kinderturnen (4- 7 J.)	Basketball U 10					16:00	
16:15	Basketball U12								16:15
16:30				Basketball U 14	Basketball U 12	Triathlon Kraft/ Koordination (01.10.-31.03)		16:30	
17:00		Basketball U 16-1	Karate/ Kickboxen					17:00	
17:30								17:30	
18:00	Karate/ Kickboxen			Lauftreff ABC	Badminton Erwachsene		Tanzen	18:00	
18:30									18:30
19:00			Bauch/ Beine/ Po	Zumba					19:00
19:15								19:15	
19:30								19:30	
20:00	Basketball U 20/ 2. Herren		Badminton Erwachsene	Basketball 4. Herren	Basketball Wurftraining/ Heimspiele			20:00	
20:15		Basketball 4. Herren							20:15
20:30									20:30
21:00									21:00
21:30								21:30	